The project on the next page goes along with the book *My Many Colored Days* written by Dr. Seuss and illustrated by Steve Johnson and Lou Fancher.

In this story, we get to read about our different colors on different days. Each color has a feeling that matches, such as busy bee yellow, slow, low brown, happy pink, and more! Even on your most mixed-up days, you go back to being you!

For our activity, we’ll be making our own colorful “mood me.” Think about how you’re feeling today and pick a color that matches!

**MUSEUM CONNECTION**

This story was inspired by *Mater Dolorosa* also known as *The Blue Madonna* by Onorio Marinari. The bright blue color both helps us know the woman is the Virgin Mary from the Bible and it helps set the mood of the work. With this bright, bold blue how do you think she’s feeling? What if the color of her veil was red or yellow? Would it change how you think she feels?

We hope you visit this painting in Gallery 9 of the Museum of Art on your next visit to The Ringling!

**STANDARDS:**

- IVA.1
- IVA.2
- IVA.3
- IV.F.1
- IV.F.2
- IV.F.3
- IV.F.4
- I.C.1
- I.C.2
- VIII.A.1
- VIII.E.1
- VIII.E.2

**MOOD ME**

**MATERIALS:**
Paper, and something to color with.
Optional: Mixed media in different colors.

**DIFFICULTY LEVEL:**
Simple

**DIRECTIONS:**

1. First, think about how you feel today. Then pick a color that goes along with that feeling.

2. Draw your portrait on a piece of paper.

3. Color your portrait in the color you chose.

4. Use any mixed media, like feathers, gems, or stickers to decorate your mood me. Challenge yourself by picking mixed media of the same color to make your work of art monochromatic, or all the same color!

**WE WOULD LOVE TO SEE WHAT YOU CREATE!**

Click here to share your masterpiece on our Family Programs Facebook Group!

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Discover more activities at ringling.org